

DANCE (BA)

Degree: Bachelor of Arts

Major: Dance

Program Code: 3257

About This Major . . .

The BA in Dance offers a broad, liberal arts approach to the study of dance and movement. Dance majors are immersed in a holistic approach to dance studies with coursework in a variety of dance forms, somatic practices, conditioning, movement analysis, dance history, choreography, pedagogy, dance company, and experiential anatomy. Additionally, students have numerous opportunities to choreograph, perform, and teach throughout their degree.

The CMU Dance program is unique in that we offer a strong technical foundation, across a variety of dance styles. Through our diverse curriculum, students develop versatility and an appreciation for historical roots and current trends in the field. Within a supportive learning community, students engage not only in rigorous technical training, but are also invited to explore creative experimentation and collaborative possibilities.

Through our guest artist series, community engagement programs, and annual participation in the American College Dance Association Conference, our students have numerous opportunities to develop professional and networking skills. These experiences not only offer potential professional connections, but also expose students to other areas of dance scholarship, including current practices in dance medicine, dance psychology, etc. Our dance majors have the unique opportunity to explore additional degrees in other disciplines at CMU that align with their studies in dance and movement.

CMU Dance students are prepared for employment in various aspects of the dance field as performers, choreographers, teachers, and studio owners. Additionally, they are prepared to pursue graduate degrees, specialized certifications in performance, choreography, production, arts management, movement therapy, and numerous related areas of dance and movement research.

For more information on what you can do with this major, visit Career Services' [What to Do with a Major?](#) resource.

All CMU baccalaureate graduates are expected to demonstrate proficiency in specialized knowledge/applied learning, quantitative fluency, communication fluency, critical thinking, personal and social responsibility, and information literacy. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

- Communicate verbally contemporary and enduring concepts concerning Human Culture through participation and/or observation of the performing arts and speech. (Specialized Knowledge/Communication)
- Communicate non-verbally contemporary and enduring concepts concerning Human Culture through participation and/or observation of the performing arts and speech. (Specialized Knowledge/Communication)
- Create progressively more challenging projects through the use of intellectual and/or practical skills. (Applied Learning)
- Demonstrate teamwork and problem solving skills through collaboration and cooperation on creative projects. (Critical Thinking)

- Demonstrate the knowledge, skills, and versatility of the discipline from conceptualization to application. (Applied Learning)
- Analyze ethical, social, and/or civic challenges and their intersection with the performing arts at the local, national, and global levels. (Personal and Social Responsibility)
- Find, critically evaluate, and effectively apply relevant sources of information to discipline-specific projects. (Information Literacy)

Requirements

Each section below contains details about the requirements for this program. Select a header to expand the information/requirements for that particular section of the program's requirements.

To print or save an overview of this program's information, including the program description, learning outcomes, requirements, suggested course sequencing (if applicable), and advising and graduation information, scroll to the bottom of the left-hand navigation menu and select "Print Options." This will give you the options to either "Send Page to Printer" or "Download PDF of This Page." The "Download PDF of This Page" option prepares a much more concise presentation of all program information. The PDF is also printable and may be preferable due to its brevity.

Institutional Degree Requirements

The following institutional degree requirements apply to all CMU baccalaureate degrees. Specific programs may have different requirements that must be met in addition to institutional requirements.

- 120 semester hours minimum.
- Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher.
- 40 upper-division credits (an alternative credit limit applies to the Bachelor of Applied Science degree).
- 2.00 cumulative GPA or higher in all CMU coursework.
- A course may only be used to fulfill one requirement for each degree/certificate.
- No more than six semester hours of independent study courses can be used toward the degree.
- Non-traditional credit, such as advanced placement, credit by examination, credit for prior learning, cooperative education and internships, cannot exceed 30 semester credit hours for a baccalaureate degree. A maximum of 15 of the 30 credits may be for cooperative education, internships, and practica.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Capstone exit assessment/projects (e.g., Major Field Achievement Test) requirements are identified under Program-Specific Degree Requirements.
- The Catalog Year determines which program sheet and degree requirements a student must fulfill in order to graduate. Visit with your advisor or academic department to determine which catalog year and program requirements you should follow.
- See "Requirements for Undergraduate Degrees and Certificates" in the catalog for a complete list of graduation requirements.

Essential Learning Requirements

(31 semester hours)

See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

| Code | Title | Semester Credit Hours |
|--|-----------------------------------|-----------------------------|
| English ¹ | | |
| ENGL 111 | English Composition I-GTCO1 | 3 |
| ENGL 112 | English Composition II-GTCO2 | 3 |
| Mathematics ¹ | | |
| MATH 110 | Mathematical Investigations-GTMA1 | 3 |
| History | | |
| Select one History course | | 3 |
| Humanities | | |
| Select one Humanities course | | 3 |
| Social and Behavioral Sciences | | |
| Select one Social and Behavioral Sciences course | | 3 |
| Select one Social and Behavioral Sciences course | | 3 |
| Fine Arts | | |
| Select one Fine Arts course | | 3 |
| Natural Sciences ² | | |
| Select one Natural Sciences course | | 3 |
| Select one Natural Sciences course with a lab | | 4 |
| Total Semester Credit Hours | | 31 |

¹ Must receive a grade of “C” or better and must be completed by the time the student has 60 semester hours.
² One course must include a lab.

Other Lower Division Requirements

| Code | Title | Semester Credit Hours |
|---|---------------------|-----------------------------|
| Wellness Requirement | | |
| KINE 100 | Health and Wellness | 1 |
| Select one Activity course | | 1 |
| Essential Learning Capstone ¹ | | |
| ESSL 290 | Maverick Milestone | 3 |
| ESSL 200 | Essential Speech | 1 |
| Total Semester Credit Hours | | 6 |

¹ Essential Learning Capstone must be taken after completion of the Essential Learning English and Mathematics requirements, and when a student has earned between 45 and 75 hours.

Foundation Courses

(12 semester hours, must pass all courses with a grade of “C” or higher.)

| Code | Title | Semester Credit Hours |
|---|-------------------------------------|-----------------------------|
| DANC 220 | Moving Anatomy and Wellness | 3 |
| DANC 260 | Movement Analysis and Improvisation | 3 |
| Two consecutive classes in the same foreign language ¹ | | 6 |
| Total Semester Credit Hours | | 12 |

Program Specific Degree Requirements

(42 semester hours, must maintain a 2.0 cumulative GPA or higher in coursework in this area). See your academic advisor to ensure repeated courses apply to your program of study.

| Code | Title | Semester Credit Hours |
|--|------------------------------------|-----------------------------|
| Core Courses | | |
| <i>Dance Core</i> | | |
| DANC 222 | Dance Conditioning | 3 |
| DANC 310 | Dance Pedagogy | 3 |
| DANC 315 | History and Philosophy of Dance | 3 |
| DANC 355 | Choreography and Creative Practice | 3 |
| DANC 494 | Senior Dance Capstone | 3 |
| <i>Ballet Technique Courses</i> | | |
| Select two of the following. One must be upper division. | | 4 |
| DANC 181 | Ballet I | |
| DANC 234 | Ballet IIA | |
| DANC 235 | Ballet IIB | |
| DANC 334 | Ballet IIIA | |
| <i>Jazz Technique Courses</i> | | |
| Select two of the following. One must be upper division. | | 4 |
| DANC 182 | Jazz I | |
| DANC 232 | Jazz IIA | |
| DANC 233 | Jazz IIB | |
| DANC 332 | Jazz IIIA | |
| <i>Modern Technique Courses</i> | | |
| Select two of the following. One must be upper division. | | 4 |
| DANC 183 | Contemporary Modern I | |
| DANC 230 | Contemporary Modern IIA | |
| DANC 231 | Contemporary Modern IIB | |
| DANC 330 | Contemporary Modern IIIA | |
| <i>Hip-Hop Technique Courses</i> | | |
| Select two of the following. One must be upper division. | | 4 |
| DANC 185 | Hip Hop I | |
| DANC 285 | Hip Hop II | |
| DANC 385 | Hip Hop III | |
| Select four additional semester hours of upper-division technique coursework (excluding performance courses) | | 4 |
| DANC 331 | Contemporary Modern IIIB | |
| DANC 333 | Jazz IIIB | |
| DANC 335 | Ballet IIIB | |
| DANC 385 | Hip Hop III | |
| DANC 430 | Contemporary Modern IVA | |
| DANC 431 | Contemporary Modern IVB | |

| | |
|----------|------------|
| DANC 432 | Jazz IVA |
| DANC 433 | Jazz IVB |
| DANC 434 | Ballet IVA |
| DANC 435 | Ballet IVB |

Dance Performance

Select three of the following (two of which must be upper division): 3

| | |
|----------|-------------------|
| DANC 156 | Dance Performance |
| DANC 256 | Dance Performance |
| DANC 356 | Dance Performance |
| DANC 456 | Dance Performance |

Dance Company

Select two of the following (one of which must be upper division): 4

| | |
|----------|------------------------------|
| DANC 140 | Dance Company and Production |
| DANC 240 | Dance Company and Production |
| DANC 340 | Dance Company and Production |
| DANC 440 | Dance Company and Production |

Total Semester Credit Hours 42

General Electives

All college-level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours, including 40 upper-division hours. 29 hours, including 12 additional hours of upper-division may be needed. Recommend additional dance support courses in dance technique, dance performance, dance company, choreography practicum and/or theatre courses including: THEA 153, THEA 102, THEA 103, THEA 104, THEA 105.

| Code | Title | Semester Credit Hours |
|------------------------------------|-------|-----------------------|
| Select electives | | 29 |
| Total Semester Credit Hours | | 29 |

Suggested Course Plan

First Year

Fall Semester

| | | |
|-------------------------------------|-----------------------------------|---|
| ENGL 111 | English Composition I-GTC01 | 3 |
| KINE 100 | Health and Wellness | 1 |
| MATH 110 | Mathematical Investigations-GTMA1 | 3 |
| Performance Option - Lower-Division | | 1 |
| Dance Technique Course | | 2 |
| General Elective | | 3 |

Semester Credit Hours 13

Spring Semester

| | | |
|--------------------------------|------------------------------|---|
| ENGL 112 | English Composition II-GTC02 | 3 |
| DANC 222 | Dance Conditioning | 3 |
| Essential Learning - History | | 3 |
| Essential Learning - Fine Arts | | 3 |
| KINA Activity | | 1 |
| Dance Technique Course | | 2 |

Semester Credit Hours 15

Second Year

Fall Semester

| | | |
|---|-----------------------------|---|
| DANC 220 | Moving Anatomy and Wellness | 3 |
| Essential Learning - Social and Behavioral Sciences | | 3 |

| | |
|--------------------------------------|---|
| Foundation Course - Foreign Language | 3 |
| Dance Technique Course | 2 |
| General Elective | 3 |

Semester Credit Hours 14

Spring Semester

| | | |
|---------------------------------------|-------------------------------------|---|
| DANC 260 | Movement Analysis and Improvisation | 3 |
| ESSL 290 | Maverick Milestone | 3 |
| ESSL 200 | Essential Speech | 1 |
| Foundation Course - Foreign Language | | 3 |
| Dance Technique Course | | 2 |
| Dance Company Option - Lower-Division | | 2 |
| General Elective | | 3 |

Semester Credit Hours 17

Third Year

Fall Semester

| | | |
|--------------------------------------|---------------------------------|---|
| DANC 315 | History and Philosophy of Dance | 3 |
| Essential Learning - Natural Science | | 3 |
| Performance Option - Upper-Division | | 1 |
| Dance Technique Course | | 2 |
| General Electives | | 6 |

Semester Credit Hours 15

Spring Semester

| | | |
|---|------------------------------------|---|
| DANC 355 | Choreography and Creative Practice | 3 |
| Essential Learning - Humanities | | 3 |
| Essential Learning - Natural Science with Lab | | 4 |
| Dance Technique Course | | 2 |
| Dance Technique Course | | 2 |
| General Elective | | 3 |

Semester Credit Hours 17

Fourth Year

Fall Semester

| | | |
|---|----------------|---|
| DANC 310 | Dance Pedagogy | 3 |
| Essential Learning - Social and Behavioral Sciences | | 3 |
| Dance Technique Course | | 2 |
| Performance Option - Upper-Division | | 1 |
| General Electives | | 6 |

Semester Credit Hours 15

Spring Semester

| | | |
|---------------------------------------|-----------------------|---|
| DANC 494 | Senior Dance Capstone | 3 |
| Dance Company Option - Upper-Division | | 2 |
| Dance Technique Course | | 2 |
| Dance Technique Course | | 2 |
| General Electives | | 5 |

Semester Credit Hours 14

Total Semester Credit Hours 120

Advising and Graduation Advising Process and DegreeWorks

Documentation on the pages related to this program is intended for informational purposes to help determine what courses and associated requirements are needed to earn a degree. The suggested course sequencing outlines how students could finish degree requirements. Some courses are critical to complete in specific semesters, while others may be moved around. Meeting with an academic advisor is essential in planning courses and altering the suggested course sequencing. It is ultimately the student's responsibility to understand and fulfill the requirements for their intended degree(s).

DegreeWorks is an online degree audit tool available in MAVzone. It is the official record used by the Registrar's Office to evaluate progress

towards a degree and determine eligibility for graduation. Students are responsible for reviewing their DegreeWorks audit on a regular basis and should discuss questions or concerns with their advisor or academic department head. Discrepancies in requirements should be reported to the Registrar's Office.

Graduation Process

Students must complete the following in the first two months of the semester prior to completing their degree requirements:

- Review their DegreeWorks audit and create a plan that outlines how unmet requirements will be met in the final semester.
- Meet with their advisor and modify their plan as needed. The advisor must approve the final plan.
- Submit the "Intent to Graduate" form to the Registrar's Office to officially declare the intended graduation date and commencement ceremony plans.
- Register for all needed courses and complete all requirements for each degree sought.

Submission deadlines and commencement details can be found at <http://www.coloradomesa.edu/registrar/graduation.html>.

If a student's petition for graduation is denied, it will be their responsibility to consult the Registrar's Office regarding next steps.