

EXERCISE SCIENCE

Program Description

Students enrolled in this major should have a strong interest in the sciences as this program applies science to human function. The student will begin studies with science courses such as physics, general chemistry and human anatomy and physiology. Continued studies will include courses such as exercise physiology, anatomical kinesiology, biomechanics, physical activity and aging, human nutrition and sports nutrition, among other subject areas. This major is designed to prepare students for graduate programs such as athletic training, exercise physiology, occupational therapy, physical therapy, and physician assistant studies. Exercise Science students frequently continue their study for graduate or professional degrees at universities widely recognized as top programs in athletic training, exercise physiology, occupational therapy, physical therapy, physical education, physician assistant studies and public health.

Contact Information

Department of Kinesiology
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Programs of Study Bachelors/Minors

- [Exercise Science \(BS\)](#)
- [Exercise Science \(Minor\)](#)