

EXERCISE SCIENCE

Program Description

Students enrolled in this major should have a strong interest in the sciences as this program applies science to human function. The student will begin studies with science courses such as physics, general chemistry, and human anatomy and physiology. Continued studies will include courses such as exercise physiology, anatomical kinesiology, biomechanics, physical activity and aging, human nutrition, and sports nutrition, among other subject areas. Exercise Science students frequently continue their studies for graduate or professional degrees at universities widely recognized as top programs in athletic training, exercise physiology, occupational therapy, physical therapy, physical education, physician assistant studies, and public health.

Contact Information

Department of Kinesiology
Maverick Center 237B
970.248.1635

Programs of Study Bachelors/Minors

- [Exercise Science \(BS\)](#)
- [Exercise Science \(Minor\)](#)