EXERCISE SCIENCE

Program Description
Students enrolled in this major should have a strong interest in the sciences as this program applies science to human function. The student will begin studies with science courses such as physics, general chemistry and human anatomy and physiology. Continued studies will include courses such as exercise physiology, anatomical kinesiology, biomechanics, physical activity and aging, human nutrition and sports nutrition, among other subject areas. This major is designed to prepare students for graduate programs such as athletic training, exercise physiology, occupational therapy, physical therapy, and physician assistant studies. Exercise Science students frequently continue their study for graduate or professional degrees at universities widely recognized as top programs in athletic training, exercise physiology, occupational therapy, physical therapy, physical education, physician assistant studies and public health.

Contact Information
Department of Kinesiology
Maverick Center 237B
970.248.1635

Programs of Study
Bachelors/Minors
- Exercise Science (BS) (http://catalog.coloradomesa.edu/areas-study/exercise-science/exercise-science-bs)
- Exercise Science (Minor) (http://catalog.coloradomesa.edu/areas-study/exercise-science/exercise-science-minor)