

# COUNSELING PSYCHOLOGY, PSYCHOLOGY (BA)

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Degree: Bachelor of Arts  
Major: Psychology  
Concentration: Counseling Psychology  
Program Code: 3724

## About This Major . . .

Students may pursue the Psychology BA degree or the Psychology BA degree with a concentration in Counseling Psychology. All majors are required to complete some laboratory coursework in which they conduct research in psychological science. Practica are required for counseling students and are available at nearby human service agencies and treatment centers. The psychology programs provide students with a working knowledge of the methods and findings of modern psychology.

Students majoring in psychology are prepared to work in a wide variety of settings, including human services (counseling and social work), public affairs, business, sales, criminal justice, and (following graduate study) psychotherapy, teaching and research. The psychology program at provides a strong foundation for graduate study in psychology and related disciplines.

Many of CMU's psychology majors have successfully continued their education in graduate programs in psychology. A few have continued on to medical school or law school. The psychology program sponsors a Psychology Club and a local chapter of the national honor society in psychology, Psi Chi. Through active membership in these organizations, students are encouraged to become involved in community service and to attend and present their research at regional and national conferences.

For more information on what you can do with this major, visit Career Services' What to Do with a Major? (<https://www.coloradomesa.edu/career/students/explore/major.html>) resource.

All CMU baccalaureate graduates are expected to demonstrate proficiency in specialized knowledge/applied learning, quantitative fluency, communication fluency, critical thinking, personal and social responsibility, and information literacy. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Think critically to solve problems in psychological of analysis using academic sources of information. (Specialized Knowledge/Applied Learning)
2. Compare basic research methodology in psychology, including research design, data analysis and interpretation. (Critical Thinking/Personal and Social Responsibility)
3. Communicate clearly in written and oral presentations in standard American Psychological Association format. (Communication Fluency)
4. Apply statistical concepts to decision making and problem solving in areas of psychological application.(Quantitative Fluency)
5. Think critically to solve problems in psychological areas of analysis using academic sources of information. (Critical Thinking)

## Requirements

Each section below contains details about the requirements for this program. Select a header to expand the information/requirements for that particular section of the program's requirements.

**To print or save an overview of this program's information, including the program description, learning outcomes, requirements, suggested course sequencing (if applicable), and advising and graduation information, scroll to the bottom of the left-hand navigation menu and select 'Print Options.'** This will give you the options to either 'Send Page to Printer' or 'Download PDF of This Page.' The 'Download PDF of This Page' option prepares a much more concise presentation of all program information. The PDF is also printable and may be preferable due to its brevity.

## Institutional Degree Requirements

The following institutional degree requirements apply to all CMU baccalaureate degrees. Specific programs may have different requirements that must be met in addition to institutional requirements.

- 120 semester hours minimum.
- Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher.
- 40 upper-division credits (an alternative credit limit applies to the Bachelor of Applied Science degree).
- 2.00 cumulative GPA or higher in all CMU coursework.
- A course may only be used to fulfill one requirement for each degree/certificate.
- No more than six semester hours of independent study courses can be used toward the degree.
- Non-traditional credit, such as advanced placement, credit by examination, credit for prior learning, cooperative education and internships, cannot exceed 30 semester credit hours for a baccalaureate degree. A maximum of 15 of the 30 credits may be for cooperative education, internships, and practica.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Capstone exit assessment/projects (e.g., Major Field Achievement Test) requirements are identified under Program-Specific Degree Requirements.
- The Catalog Year determines which program sheet and degree requirements a student must fulfill in order to graduate. Visit with your advisor or academic department to determine which catalog year and program requirements you should follow.
- See "Requirements for Undergraduate Degrees and Certificates" in the catalog for a complete list of graduation requirements.

## Essential Learning Requirements

(31 semester hours)

See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

Code	Title	Semester Credit Hours
<b>English <sup>1</sup></b>		
ENGL 111	English Composition I-GTC01	3
ENGL 112	English Composition II-GTC02	3
<b>Mathematics <sup>1</sup></b>		
MATH 110	College Mathematics-GTMA1	3
<b>History</b>		
Select one History course		3
<b>Humanities</b>		
Select one Humanities course		3
<b>Social and Behavioral Sciences</b>		
Select one Social and Behavioral Sciences course		3
Select one Social and Behavioral Sciences course		3
<b>Fine Arts</b>		
Select one Fine Arts course		3
<b>Natural Sciences <sup>2</sup></b>		
Select one Natural Sciences course		3
Select one Natural Sciences course with a lab		4
Total Semester Credit Hours		31

<sup>1</sup> Must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.

<sup>2</sup> One course must include a lab.

## Other Lower Division Requirements

Code	Title	Semester Credit Hours
<b>Wellness Requirement</b>		
KINE 100	Health and Wellness	1
Select one Activity course		1
<b>Essential Learning Capstone <sup>1</sup></b>		
ESSL 290	Maverick Milestone	3
ESSL 200	Essential Speech	1
Total Semester Credit Hours		6

<sup>1</sup> Essential Learning Capstone must be taken after completion of the Essential Learning English and Mathematics requirements, and when a student has earned between 45 and 75 hours.

## Foundation Courses

(6 semester hours, must earn a grade of "C" or higher in each course.)

Code	Title	Semester Credit Hours
Two consecutive classes in the same foreign language <sup>1</sup>		6
Total Semester Credit Hours		6

<sup>1</sup> FLAS 114 & FLAS 115 will not fulfill this requirement.

## Program Specific Degree Requirements

(51 semester hours, must maintain a 2.0 cumulative GPA or higher in coursework in this area. Additionally, to continue in the program and eventually graduate as a psychology major, a student must earn, with no more than three attempts, at least a grade of "C" in each course.)

Code	Title	Semester Credit Hours
<b>Core Courses</b>		
<i>Psychology Core</i>		
PSYC 150	General Psychology-GTSS3	3
PSYC 201	Orientation to the Psychology Major	3
STAT 215	Statistics for Social and Behavioral Sciences	4
PSYC 216	Research Methods in Psychology	4
PSYC 414	History of Psychology	3
PSYC 416	Memory And Cognition	3
<i>Counseling Core</i>		
PSYC 320	Social Psychology	3
PSYC 340	Abnormal Psychology	3
PSYC 400	Psychological Testing	3
PSYC 420	Personality	3
PSYP 320	Career Development	3
PSYP 420	Counseling Processes and Techniques	3
PSYP 422	Psychological Interviewing	3
PSYP 424	Group Processes	3
PSYP 497	Practicum I	4
PSYC 370	Cross-Cultural Psychology	3
or PSYP 322	Multicultural Service Learning	
Total Semester Credit Hours		51

## General Electives

All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours. 26 semester hours. At least 3 hours must be upper division.

Code	Title	Semester Credit Hours
Select electives (see recommended electives below)		26
Total Semester Credit Hours		26

## Recommended Electives:

Code	Title	Semester Credit Hours
At least one course from each of the following three areas plus optional Practicum II		
<i>Developmental Area</i>		
PSYC 310	Child Psychology	
PSYC 330	Psychology of Adolescents and Emerging Adulthood	
PSYC 350	Psychology Of Adulthood	
<i>Neuropsychological Area</i>		
PSYC 410	Drugs and Human Behavior	

PSYC 422	Sensation and Perception
PSYC 430	Biopsychology
<b>Topical Area</b>	
PSYC 300	Health Psychology
PSYC 314	Psychology Of Learning
PSYC 335	Psychology of Women
PSYC 345	Abnormal Child Psychology
PSYC 396/496	Topics
PSYC 401	Sport Psychology
PSYC 408	Foundations of School Counseling
PSYC 411	Human Sexuality
PSYC 412	Industrial and Organizational Psychology
PSYC 425	Forensic Psychology
PSYC 435	Applied Social Psychology
PSYP 305	Suicide Intervention Training
PSYP 306	Applied Ethics in Mental Health and Counseling
PSYP 410	Introduction to Marriage and Family Counseling
SOCI 390	GRE Preparation
SOCI 410	Death, Dying & Bereavement
SOCI 497	Structured Research
<b>Optional Practicum II</b>	
PSYP 499	Practicum II

## Suggested Course Plan

### First Year

Spring Semester		Semester Credit Hours
ENGL 112	English Composition II-GTCO2	3
Essential Learning - History		3
MATH 110	College Mathematics-GTMA1 (or higher)	3
Essential Learning - Fine Arts		3
KINA Activity		1
Semester Credit Hours		13

### Fall Semester

ENGL 111	English Composition I-GTCO1	3
Essential Learning - Humanities		3
PSYC 150	General Psychology-GTSS3	3
Essential Learning - Natural Science		3
KINE 100	Health and Wellness	1
Semester Credit Hours		13

### Second Year

Spring Semester		Semester Credit Hours
ESSL 290	Maverick Milestone	3
ESSL 200	Essential Speech	1
Essential Learning - Natural Science with Lab		4
Foundation Course - Foreign Language		3
PSYC 216	Research Methods in Psychology	4
General Elective		3
Semester Credit Hours		18

### Fall Semester

PSYC 201	Orientation to the Psychology Major	3
Foundation Course - Foreign Language		3
Essential Learning - Social/Behavioral Science		3
Essential Learning - Social/Behavioral Science		3
STAT 215	Statistics for Social and Behavioral Sciences	4
Semester Credit Hours		16

### Third Year

#### Spring Semester

General Electives (2 courses)		6
PSYP 420	Counseling Processes and Techniques	3
PSYC 416	Memory And Cognition	3
PSYC 414	History of Psychology	3
Semester Credit Hours		15

#### Fall Semester

PSYP 320	Career Development	3
PSYC 320	Social Psychology	3
General Electives		3
PSYC 370 or PSYP 322	Cross-Cultural Psychology or Multicultural Service Learning	3
PSYC 340	Abnormal Psychology	3
Semester Credit Hours		15

### Fourth Year

#### Spring Semester

PSYC 420	Personality	3
PSYP 422	Psychological Interviewing	3
PSYP 497	Practicum I	4
General Electives (2 courses)		5
Semester Credit Hours		15

#### Fall Semester

PSYP 424	Group Processes	3
PSYC 400	Psychological Testing	3
General Electives (3 courses)		9
Semester Credit Hours		15
Total Semester Credit Hours		120

## Advising and Graduation Advising Process and DegreeWorks

Documentation on the pages related to this program is intended for informational purposes to help determine what courses and associated requirements are needed to earn a degree. The suggested course sequencing outlines how students could finish degree requirements. Some courses are critical to complete in specific semesters, while others may be moved around. Meeting with an academic advisor is essential in planning courses and altering the suggested course sequencing. It is ultimately the student's responsibility to understand and fulfill the requirements for her/his intended degree(s).

DegreeWorks is an online degree audit tool available in MAVzone. It is the official record used by the Registrar's Office to evaluate progress towards a degree and determine eligibility for graduation. Students are responsible for reviewing their DegreeWorks audit on a regular basis and should discuss questions or concerns with their advisor or academic department head. Discrepancies in requirements should be reported to the Registrar's Office.

## Graduation Process

Students must complete the following in the first two months of the semester prior to completing their degree requirements:

- Review their DegreeWorks audit and create a plan that outlines how unmet requirements will be met in the final semester.
- Meet with their advisor and modify their plan as needed. The advisor must approve the final plan.
- Submit the "Intent to Graduate" form to the Registrar's Office to officially declare the intended graduation date and commencement ceremony plans.

- Register for all needed courses and complete all requirements for each degree sought.

Submission deadlines and commencement details can be found at <http://www.coloradomesa.edu/registrar/graduation.html>.

If a student's petition for graduation is denied, it will be her/his responsibility to consult the Registrar's Office regarding next steps.