COUNSELING PSYCHOLOGY, PSYCHOLOGY (BA)

Degree: Bachelor of Arts
Major: Psychology
Concentration: Counseling Psychology
Program Code: 3724

About This Major . . .

Students may pursue the Psychology B.A. degree or the Psychology B.A. degree with a concentration in Counseling Psychology. All majors are required to complete some laboratory coursework in which they conduct research in psychological science. Practica are required for counseling students and are available at nearby human service agencies and treatment centers. The psychology programs provide students with a working knowledge of the methods and findings of modern psychology. Students majoring in psychology are prepared to work in a wide variety of settings, including human services (counseling and social work), public affairs, business, sales, criminal justice, and (following graduate study) psychotherapy, teaching and research. The psychology program at provides a strong foundation for graduate study in psychology and related disciplines.

Many of CMU’s psychology majors have successfully continued their education in graduate programs in psychology. A few have continued on to medical school or law school. The psychology program sponsors a Psychology Club and a local chapter of the national honor society in psychology, Psi Chi. Through active membership in these organizations, students are encouraged to become involved in community service and to attend and present their research at regional and national conferences.

For more information on what you can do with this major, visit Career Services’ What to Do with a Major? (https://www.coloradomesa.edu/career/students/explore/major.html) resource.

All CMU baccalaureate graduates are expected to demonstrate proficiency in specialized knowledge/applied learning, quantitative fluency, communication fluency, critical thinking, personal and social responsibility, and information literacy. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Critically analyze the historical trends in psychology (Specialized Knowledge)
2. Compare basic research methodology in psychology, including research design, data analysis and interpretation (Applied Learning)
3. Communicate clearly in written and oral presentations in standard American Psychological Association format (Broad Integrative Knowledge /Applied Learning)
4. Apply statistical concepts to decision making and problem solving in areas of psychological application (Quantitative Fluency)
5. Think critically to solve problems in psychological areas of analysis using academic sources of information. (Critical)

Requirements

Each section below contains details about the requirements for this program. Select a header to expand the information/requirements for that particular section of the program’s requirements.

To print or save an overview of this program’s information, including the program description, learning outcomes, requirements, suggested course sequencing (if applicable), and advising and graduation information, scroll to the bottom of the left-hand navigation menu and select “Print Options.” This will give you the options to either “Send Page to Printer” or “Download PDF of This Page.” The “Download PDF of This Page” option prepares a much more concise presentation of all program information. The PDF is also printable and may be preferable due to its brevity.

Institutional Degree Requirements

The following institutional degree requirements apply to all CMU baccalaureate degrees. Specific programs may have different requirements that must be met in addition to institutional requirements.

- 120 semester hours minimum.
- Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher.
- 40 upper-division credits (an alternative credit limit applies to the Bachelor of Applied Science degree).
- 2.00 cumulative GPA or higher in all CMU coursework.
- A course may only be used to fulfill one requirement for each degree/certificate.
- No more than six semester hours of independent study courses can be used toward the degree.
- Non-traditional credit, such as advanced placement, credit by examination, credit for prior learning, cooperative education and internships, cannot exceed 30 semester credit hours for a baccalaureate degree. A maximum of 15 of the 30 credits may be for cooperative education, internships, and practica.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Capstone exit assessment/projects (e.g., Major Field Achievement Test) requirements are identified under Program-Specific Degree Requirements.
- The Catalog Year determines which program sheet and degree requirements a student must fulfill in order to graduate. Visit with your advisor or academic department to determine which catalog year and program requirements you should follow.
- See “Requirements for Undergraduate Degrees and Certificates” in the catalog for a complete list of graduation requirements.

Essential Learning Requirements

(31 semester hours)

See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Semester Credit Hours</th>
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</thead>
<tbody>
<tr>
<td>ENGL 111</td>
<td>English Composition I-GTCO1</td>
<td>3</td>
</tr>
<tr>
<td>ENGL 112</td>
<td>English Composition II-GTCO2</td>
<td>3</td>
</tr>
<tr>
<td>Mathematics 1</td>
<td>College Mathematics-GTMA1</td>
<td>3</td>
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</tbody>
</table>

English 1

Mathematics 1
History
Select one History course 3

Humanities
Select one Humanities course 3

Social and Behavioral Sciences
Select one Social and Behavioral Sciences course 3
Select one Social and Behavioral Sciences course 3

Fine Arts
Select one Fine Arts course 3

Natural Sciences
Select one Natural Sciences course 3
Select one Natural Sciences course with a lab 4

Total Semester Credit Hours 31
1 Must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.
2 One course must include a lab.

Other Lower Division Requirements

Wellness Requirement
KINE 100 Health and Wellness 1
Select one Activity course 1

Essential Learning Capstone 1
ESSL 290 Maverick Milestone 3
ESSL 200 Essential Speech 1

Total Semester Credit Hours 6
1 Essential Learning Capstone must be taken after completion of the Essential Learning English and Mathematics requirements, and when a student has earned between 45 and 75 hours.

Foundation Courses
(6 semester hours, must earn a grade of "C" or higher in each course.)

Code Title Semester Credit Hours
Two consecutive classes in the same foreign language 1 6
Total Semester Credit Hours 6
1 FLAS 114 & FLAS 115 will not fulfill this requirement.

Program Specific Degree Requirements
(51 semester hours, must maintain a 2.0 cumulative GPA or higher in coursework in this area. Additionally, to continue in the program and eventually graduate as a psychology major, a student must earn, with no more than three attempts, at least a grade of "C" in each course.)

Code Title Semester Credit Hours
Core Courses
Psychology Core

PSYC 150 General Psychology-GTSS3 3
PSYC 201 Orientation to the Psychology Major 3
STAT 215 Statistics for Social and Behavioral Sciences 4
PSYC 216 Research Methods in Psychology 3
PSYC 216L Research Methods in Psychology Laboratory 1
PSYC 414 History of Psychology 3
PSYC 416 Memory And Cognition 3

Counseling Core
PSYC 320 Social Psychology 3
PSYC 340 Abnormal Psychology 3
PSYC 400 Psychological Testing 3
PSYC 420 Personality 3
PSYP 320 Career Development 3
PSYP 420 Counseling Processes and Techniques 3
PSYP 422 Psychological Interviewing 3
PSYP 424 Group Processes 3
PSYP 497 Practicum I 4
PSYC 370 Cross-Cultural Psychology 3
or PSYP 322 Multicultural Service Learning

Total Semester Credit Hours 51

General Electives
All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours. 26 semester hours

Code Title Semester Credit Hours
Select electives (see recommended electives below) 26
Total Semester Credit Hours 26

Recommended Electives:

Code Title Semester Credit Hours
At least one course from each of the following three areas plus optional Practicum II
Developmental Area
PSYC 310 Child Psychology
PSYC 330 Psychology of Adolescents and Emerging Adulthood
PSYC 350 Psychology Of Adulthood
Neuropsychological Area
PSYC 410 Drugs and Human Behavior
PSYC 422 Sensation and Perception
PSYC 430 Biopsychology
Topical Area
PSYC 300 Health Psychology
PSYC 314 Psychology Of Learning
PSYC 335 Psychology of Women
PSYC 396/496 Topics
PSYC 401 Sport Psychology
PSYC 408 Foundations of School Counseling
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<tr>
<td>PSYC 411</td>
<td>Human Sexuality</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 412</td>
<td>Industrial and Organizational Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 425</td>
<td>Forensic Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 435</td>
<td>Applied Social Psychology</td>
<td>3</td>
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<tr>
<td>PSYP 305</td>
<td>Suicide Intervention Training</td>
<td>1</td>
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<tr>
<td>PSYP 306</td>
<td>Applied Ethics in Mental Health and Counseling</td>
<td>3</td>
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<tr>
<td>SOCI 390</td>
<td>GRE Preparation</td>
<td>3</td>
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<tr>
<td>SOCI 410</td>
<td>Death, Dying &amp; Bereavement</td>
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<td>SOCI 497</td>
<td>Structured Research</td>
<td>3</td>
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<tr>
<td>PSYC 216L</td>
<td>General Electives</td>
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<tr>
<td>PSYC 216</td>
<td></td>
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<td>Foundation Course - Foreign Language</td>
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<tr>
<td>Essential Learning - Natural Science</td>
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<tr>
<td>ESSL 200</td>
<td>Health and Wellness</td>
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<tr>
<td>ESSL 290</td>
<td>Essentials in the Humanities</td>
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<tr>
<td>ESSL 390</td>
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<td>PSYC 201</td>
<td>Orientation to the Psychology Major</td>
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<tr>
<td>MATH 110</td>
<td>College Mathematics-GTMA1 (or higher)</td>
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<td>Essential Learning - Fine Arts</td>
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<td>KINE Activity</td>
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<tr>
<td>PSYC 150</td>
<td>General Psychology-GTSS3</td>
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<td>Essential Learning - Natural Science</td>
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<td>PSYC 414</td>
<td>History of Psychology</td>
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<td>PSYC 416</td>
<td>History and Cognition</td>
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<td>PSYC 420</td>
<td>Psychological Testing</td>
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<td>PSYP 422</td>
<td>Psychological Interviewing</td>
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Advising and Graduation

Advising Process and DegreeWorks

Documentation on the pages related to this program is intended for informational purposes to help determine what courses and associated requirements are needed to earn a degree. The suggested course sequencing outlines how students could finish degree requirements. Some courses are critical to complete in specific semesters, while others may be moved around. Meeting with an academic advisor is essential in planning courses and altering the suggested course sequencing. It is ultimately the student’s responsibility to understand and fulfill the requirements for her/his intended degree(s).

DegreeWorks is an online degree audit tool available in MAVzone. It is the official record used by the Registrar’s Office to evaluate progress towards a degree and determine eligibility for graduation. Students are responsible for reviewing their DegreeWorks audit on a regular basis and should discuss questions or concerns with their advisor or academic department head. Discrepancies in requirements should be reported to the Registrar’s Office.

Graduation Process

Students must complete the following in the first two months of the semester prior to completing their degree requirements:

- Review their DegreeWorks audit and create a plan that outlines how unmet requirements will be met in the final semester.
- Meet with their advisor and modify their plan as needed. The advisor must approve the final plan.
- Submit the “Intent to Graduate” form to the Registrar’s Office to officially declare the intended graduation date and commencement ceremony plans.
- Register for all needed courses and complete all requirements for each degree sought.

Submission deadlines and commencement details can be found at http://www.coloradomesa.edu/registrar/graduation.html.

If a student’s petition for graduation is denied, it will be her/his responsibility to consult the Registrar’s Office regarding next steps.