COUNSELING PSYCHOLOGY, PSYCHOLOGY (BA)

Degree: Bachelor of Arts
Major: Psychology
Concentration: Counseling Psychology
Program Code: 3724

This program is no longer accepting new students.
About This Major . . .

Students may pursue the Psychology BA degree or the Psychology
BA degree with a concentration in Counseling Psychology. All majors
are required to complete some laboratory coursework in which they
conduct research in psychological science. Practica are required for
counseling students and are available at nearby human service agencies
and treatment centers. The psychology programs provide students with
a working knowledge of the methods and findings of modern psychology.
Students majoring in psychology are prepared to work in a wide variety
of settings, including human services (counseling and social work),
public affairs, business, sales, criminal justice, and (following graduate
study) psychotherapy, teaching and research. The psychology program
at provides a strong foundation for graduate study in psychology and
related disciplines.

Many of CMU’s psychology majors have successfully continued their
education in graduate programs in psychology. A few have continued
on to medical school or law school. The psychology program sponsors
a Psychology Club and a local chapter of the national honor society in
psychology, Psi Chi. Through active membership in these organizations,
students are encouraged to become involved in community service and
to attend and present their research at regional and national conferences.

For more information on what you can do with this major, visit Career
Services’ What to Do with a Major resource.

All CMU baccalaureate graduates are expected to demonstrate
proficiency in specialized knowledge/applied learning, quantitative
fluency, communication fluency, critical thinking, personal and social
responsibility, and information literacy. In addition to these campus-wide
student learning outcomes, graduates of this major will be able to:

a. Think critically to solve problems in psychological analysis using
   academic sources of information. (Specialized Knowledge/Applied
   Learning)
b. Compare basic research methodology in psychology, including
   research design, data analysis and interpretation. (Critical Thinking/
   Personal and Social Responsibility)
c. Communicate clearly in written and oral presentations in standard
   American Psychological Association format. (Communication
   Fluency)
d. Apply statistical concepts to decision making and problem solving in
   areas of psychological application. (Quantitative Fluency)
e. Think critically to solve problems in psychological areas of analysis
   using academic sources of information. (Critical Thinking)

Requirements

Each section below contains details about the requirements for this
program. Select a header to expand the information/requirements for
that particular section of the program’s requirements.

To print or save an overview of this program’s information, including the
program description, learning outcomes, requirements, suggested course
sequencing (if applicable), and advising and graduation information,
scroll to the bottom of the left-hand navigation menu and select “Print
Options.” This will give you the options to either “Send Page to Printer” or
“Download PDF of This Page.” The “Download PDF of This Page” option
prepares a much more concise presentation of all program information.
The PDF is also printable and may be preferable due to its brevity.

Institutional Degree Requirements

The following institutional degree requirements apply to all CMU
baccalaureate degrees. Specific programs may have different
requirements that must be met in addition to institutional requirements.

- 120 semester hours minimum.
- Students must complete a minimum of 30 of the last 60 hours of
  credit at CMU, with at least 15 semester hours in major discipline
  courses numbered 300 or higher.
- 40 upper-division credits (an alternative credit limit applies to the
  Bachelor of Applied Science degree).
- 2.00 cumulative GPA or higher in all CMU coursework.
- A course may only be used to fulfill one requirement for each degree/
  certificate.
- No more than six semester hours of independent study courses can
  be used toward the degree.
- Non-traditional credit, such as advanced placement, credit by
  examination, credit for prior learning, cooperative education
  and internships, cannot exceed 30 semester credit hours for a
  baccalaureate degree. A maximum of 15 of the 30 credits may be for
  cooperative education, internships, and practica.
- Pre-collegiate courses (usually numbered below 100) cannot be used
  for graduation.
- Capstone exit assessment/projects (e.g., Major Field Achievement
  Test) requirements are identified under Program-Specific Degree
  Requirements.
- The Catalog Year determines which program sheet and degree
  requirements a student must fulfill in order to graduate. Visit with
  your advisor or academic department to determine which catalog
  year and program requirements you should follow.
- See “Requirements for Undergraduate Degrees and Certificates” in
  the catalog for a complete list of graduation requirements.

Essential Learning Requirements

(31 semester hours)

See the current catalog for a list of courses that fulfill the requirements
below. If a course is an Essential Learning option and a requirement for
your major, you must use it to fulfill the major requirement and make a
different selection for the Essential Learning requirement.
Program Specific Degree Requirements

(51 semester hours, must maintain a 2.0 cumulative GPA or higher in coursework in this area. Additionally, to continue in the program and eventually graduate as a psychology major, a student must earn, with no more than three attempts, at least a grade of “C” in each course.)

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Semester Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 150</td>
<td>General Psychology-GTSS3</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 201</td>
<td>Orientation to the Psychology Major</td>
<td>3</td>
</tr>
<tr>
<td>STAT 215</td>
<td>Statistics for Social and Behavioral Sciences</td>
<td>4</td>
</tr>
<tr>
<td>PSYC 216</td>
<td>Research Methods in Psychology</td>
<td>4</td>
</tr>
<tr>
<td>PSYC 414</td>
<td>History of Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 416</td>
<td>Memory And Cognition</td>
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Core Courses

Psychology Core
- PSYC 150 General Psychology-GTSS3
- PSYC 201 Orientation to the Psychology Major
- STAT 215 Statistics for Social and Behavioral Sciences
- PSYC 216 Research Methods in Psychology
- PSYC 414 History of Psychology
- PSYC 416 Memory And Cognition

Counseling Core
- PSYC 320 Social Psychology
- PSYC 340 Abnormal Psychology
- PSYC 400 Psychological Testing
- PSYC 420 Personality
- PSYP 320 Career Development
- PSYP 420 Counseling Processes and Techniques
- PSYP 422 Psychological Interviewing
- PSYP 424 Group Processes
- PSYP 497 Practicum I
- PSYC 370 Cross-Cultural Psychology
- or PSYP 322 Multicultural Service Learning

Total Semester Credit Hours 51

Recommended Electives:

At least one course from each of the following three areas plus optional Practicum II

Developmental Area
- PSYC 310 Child Psychology
- PSYC 330 Psychology of Adolescents and Emerging Adulthood
- PSYC 350 Psychology Of Adulthood

Neuropsychological Area
- PSYC 410 Drugs and Human Behavior
### Suggested Course Plan

#### First Year

**Fall Semester**

<table>
<thead>
<tr>
<th>Course Code</th>
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<tbody>
<tr>
<td>ENGL 111</td>
<td>English Composition I-GTC01</td>
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<tr>
<td>PSYC 150</td>
<td>General Psychology-GTSS3</td>
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</tr>
<tr>
<td>KINE 100</td>
<td>Health and Wellness</td>
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**Spring Semester**

<table>
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<tr>
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<tbody>
<tr>
<td>ENGL 112</td>
<td>English Composition II-GTC02</td>
<td>3</td>
</tr>
<tr>
<td>MATH 110</td>
<td>Mathematical Investigations-GTMA1 (or higher)</td>
<td>3</td>
</tr>
<tr>
<td>KINA Activity</td>
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**Second Year**

**Fall Semester**

<table>
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<tbody>
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<td>PSYC 201</td>
<td>Orientation to the Psychology Major</td>
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<tr>
<td>PSYC 335</td>
<td>Psychology of Women</td>
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<tr>
<td>STAT 215</td>
<td>Statistics for Social and Behavioral Sciences</td>
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**Spring Semester**

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<tr>
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<tbody>
<tr>
<td>ESSL 290</td>
<td>Maverick Milestone</td>
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<tr>
<td>ESSL 200</td>
<td>Essential Speech</td>
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<tr>
<td>PSYC 216</td>
<td>Research Methods in Psychology</td>
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**Third Year**

**Fall Semester**

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<tr>
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<tbody>
<tr>
<td>PSYP 320</td>
<td>Career Development</td>
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<tr>
<td>PSYP 321</td>
<td>Social Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 370</td>
<td>Cross-Cultural Psychology</td>
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**Spring Semester**

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<tbody>
<tr>
<td>PSYP 340</td>
<td>Abnormal Psychology</td>
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**Fourth Year**

**Fall Semester**

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<th>Course Code</th>
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<tbody>
<tr>
<td>PSYP 424</td>
<td>Group Processes</td>
<td>3</td>
</tr>
<tr>
<td>PSYP 400</td>
<td>Psychological Testing</td>
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**Spring Semester**

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<tr>
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<td>Practicum I</td>
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</tr>
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<td>Practicum I</td>
<td>4</td>
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Total Semester Credit Hours: 120

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### Advising and Graduation

#### Advising Process and DegreeWorks

Documentation on the pages related to this program is intended for informational purposes to help determine what courses and associated requirements are needed to earn a degree. The suggested course sequencing outlines how students could finish degree requirements. Some courses are critical to complete in specific semesters, while others may be moved around. Meeting with an academic advisor is essential in planning courses and altering the suggested course sequencing. It is ultimately the student’s responsibility to understand and fulfill the requirements for their intended degree(s).

DegreeWorks is an online degree audit tool available in MAVzone. It is the official record used by the Registrar's Office to evaluate progress towards a degree and determine eligibility for graduation. Students are responsible for reviewing their DegreeWorks audit on a regular basis and should discuss questions or concerns with their advisor or academic department head. Discrepancies in requirements should be reported to the Registrar's Office.

#### Graduation Process

Students must complete the following in the first two months of the semester prior to completing their degree requirements:

- Review their DegreeWorks audit and create a plan that outlines how unmet requirements will be met in the final semester.
- Meet with their advisor and modify their plan as needed. The advisor must approve the final plan.
- Submit the "Intent to Graduate" form to the Registrar's Office to officially declare the intended graduation date and commencement ceremony plans.
• Register for all needed courses and complete all requirements for each degree sought.

Submission deadlines and commencement details can be found at http://www.coloradomesa.edu/registrar/graduation.html.

If a student's petition for graduation is denied, it will be their responsibility to consult the Registrar's Office regarding next steps.