

SOCIAL WORK (BSW)

Degree: Bachelor of Social Work

Major: Social Work

Program Code: 3765

About This Major . . .

Social Work is a profession dedicated to social and economic justice. Social workers focus primarily on the needs and empowerment of vulnerable, oppressed, at-risk populations, and those living in poverty.

Social workers help people overcome some of life's most difficult challenges: poverty, discrimination, abuse, addiction, physical illness, divorce, educational problems, disability, and mental illness.

The practice of social work requires knowledge of human development and behavior; of social, economic, and cultural institutions, and of the interaction of all these factors as well as skills in developing relationships, assessing needs and services while facilitating change. Social workers seek to strengthen relationships among people to promote, restore, maintain, and enhance the well-being of individuals, families, social groups, organizations, and communities (<http://www.socialworkers.org/>).

For more information on what you can do with this major, visit Career Services' What to Do with a Major? (<https://www.coloradomesa.edu/career/students/explore/major.html>) resource.

All CMU baccalaureate graduates are expected to demonstrate proficiency in specialized knowledge/applied learning, quantitative fluency, communication fluency, critical thinking, personal and social responsibility, and information literacy. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Demonstrate proficiency in utilizing the social work professions 9 core competencies and 31 practice behaviors through a senior-year practicum in a social service agency in our community (Specialized Knowledge).
2. Demonstrate the ability to use practice experience to inform scientific inquiry and use research evidence to inform practice (Quantitative Fluency).
3. Demonstrate effective oral and written communication in working with individuals, families, groups, organizations, communities and colleagues through professional documentation and oral presentations (Communication Fluency).
4. Demonstrate critical thinking to inform and communicate professional judgments through distinguishing, appraising, and integrating multiple sources of knowledge; and through analyzing models of assessment, prevention, intervention, and evaluation (Critical Thinking).

Requirements

Each section below contains details about the requirements for this program. Select a header to expand the information/requirements for that particular section of the program's requirements.

To print or save an overview of this program's information, including the program description, learning outcomes, requirements, suggested course sequencing (if applicable), and advising and graduation information, scroll to the bottom of the left-hand navigation menu and select 'Print Options.' This will give you the options to either 'Send Page to Printer' or 'Download PDF of This Page.' The 'Download PDF of This Page' option

prepares a much more concise presentation of all program information. The PDF is also printable and may be preferable due to its brevity.

Institutional Degree Requirements

The following institutional degree requirements apply to all CMU baccalaureate degrees. Specific programs may have different requirements that must be met in addition to institutional requirements.

- 120 semester hours minimum.
- Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher.
- 40 upper-division credits (an alternative credit limit applies to the Bachelor of Applied Science degree).
- 2.00 cumulative GPA or higher in all CMU coursework.
- A course may only be used to fulfill one requirement for each degree/certificate.
- No more than six semester hours of independent study courses can be used toward the degree.
- Non-traditional credit, such as advanced placement, credit by examination, credit for prior learning, cooperative education and internships, cannot exceed 30 semester credit hours for a baccalaureate degree. A maximum of 15 of the 30 credits may be for cooperative education, internships, and practica.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Capstone exit assessment/projects (e.g., Major Field Achievement Test) requirements are identified under Program-Specific Degree Requirements.
- The Catalog Year determines which program sheet and degree requirements a student must fulfill in order to graduate. Visit with your advisor or academic department to determine which catalog year and program requirements you should follow.
- See "Requirements for Undergraduate Degrees and Certificates" in the catalog for a complete list of graduation requirements.

Essential Learning Requirements

(31 semester hours)

See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

Code	Title	Semester Credit Hours
English ¹		
ENGL 111	English Composition I-GTCO1	3
ENGL 112	English Composition II-GTCO2	3
Mathematics ¹		
MATH 110	College Mathematics-GTMA1	3
History		
Select one History course		3
Humanities		
Select one Humanities course		3
Social and Behavioral Sciences		
Select one Social and Behavioral Sciences course		3

Select one Social and Behavioral Sciences course	3
Fine Arts	
Select one Fine Arts course	3
Natural Sciences ²	
Select one Natural Sciences course	3
Select one Natural Sciences course with a lab	4
Total Semester Credit Hours	31

¹ Must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.

² One course must include a lab.

Other Lower Division Requirements

Code	Title	Semester Credit Hours
Wellness Requirement		
KINE 100	Health and Wellness	1
Select one Activity course		1
Essential Learning Capstone ¹		
ESSL 290	Maverick Milestone	3
ESSL 200	Essential Speech	1
Total Semester Credit Hours		6

¹ Essential Learning Capstone must be taken after completion of the Essential Learning English and Mathematics requirements, and when a student has earned between 45 and 75 hours.

Foundation Courses

(12 semester hours, must earn, with no more than two attempts, a "C" or better in each course.)

Code	Title	Semester Credit Hours
PSYC 150	General Psychology-GTSS3	3
PSYC 233	Human Growth and Development-GTSS3	3
Two consecutive classes in the same foreign language ¹		6
Total Semester Credit Hours		12

¹ FLAS 114 & FLAS 115 will not fulfill this requirement.

Program Specific Degree Requirements

(48 semester hours. To graduate with a major in social work, a student must earn, with no more than two attempts, at least a grade of "C" in each course and maintain a 2.50 cumulative GPA or higher in coursework in this area.)

- Students majoring in social work must apply to get into the social work program prior to taking any of the social work core courses. Application requirements include: completion of all Essential Learning requirements, completion of the two foundation courses (maintaining a 2.0 GPA), completion of the two social work introductory courses, completion of 60+ credits (junior standing), and a formal application, essay and faculty evaluation. If accepted into the social work program, students will take the social work core

courses in sequence as part of a cohort system their junior and senior years.

Code	Title	Semester Credit Hours
Introductory Classes		
SOWK 150	Introduction to Social Work	3
SOWK 210	Social Work for Diverse Populations	3
Core Courses		
<i>Junior Year</i>		
SOWK 311	Ethical Issues in Social Work	3
SOWK 320	Social Work Practices in Mental Health	3
SOWK 365	Social Work Intervention Methods I	3
SOWK 375	Social Work Intervention Methods II	3
SOWK 387	Social Work Research Methods	3
<i>Senior Year</i>		
SOWK 385	Social Work Intervention Methods III	3
SOWK 394	Social Work Practicum Seminar I	1
SOWK 397	Social Work Practicum I	5
SOWK 460	Social Welfare Policy	3
SOWK 494	Social Work Practicum Seminar II	1
SOWK 497	Social Work Practicum II	5
Total Semester Credit Hours		39

Code	Title	Semester Credit Hours
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Restricted Electives

Select three of the following:		9
SOWK 301	Child Welfare	
SOWK 308	Medical Social Work	
SOWK 344	School Social Work	
SOWK 350	Legal Aspects of Social Work	
SOWK 377	Spirituality and Social Work	
SOWK 381	Gerontology and Social Work	
SOWK 396	Topics:	
SOWK 491	Directed Readings	
Total Semester Credit Hours		9

General Electives

All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours. 23 semester hours.

Code	Title	Semester Credit Hours
Select electives		23
Total Semester Credit Hours		23

Recommended General Electives:

Code	Title	Semester Credit Hours
STAT 200	Probability and Statistics-GTMA1	3
CRMJ 201	Introduction to Criminal Justice	3
CRMJ 311	Victimology	3
CRMJ 325	Juvenile Justice and Delinquency	3
CRMJ 330	Intimate Partner Violence	3
PSYC 330	Psychology of Adolescents and Emerging Adulthood	3
PSYC 335	Psychology of Women	3
PSYC 340	Abnormal Psychology	3
PSYC 410	Drugs and Human Behavior	3
PSYP 305	Suicide Intervention Training	1
SOCI 101	Introduction to Lesbian, Gay, Bisexual, and Transgender Studies	3
SOCO 264	Social Problems-GTSS3	3
SOCO 310	Sociology of Religion	3
SOCO 316	Social Inequality	3
SOCO 320	Life Course and Aging	3
SOCO 325	Race and Ethnic Relations	3

Suggested Course Plan

First Year		Semester Credit Hours
Fall Semester		
ENGL 111	English Composition I-GTCO1	3
Essential Learning - Natural Science		3
Essential Learning - Humanities		3
SOWK 150	Introduction to Social Work	3
KINE 100	Health and Wellness	1
General Elective		3
Semester Credit Hours		16
Spring Semester		
ENGL 112	English Composition II-GTCO2	3
MATH 110	College Mathematics-GTMA1 (or higher)	3
Essential Learning - History		3
SOWK 210	Social Work for Diverse Populations	3
PSYC 150	General Psychology-GTSS3	3
KINA Activity		1
Semester Credit Hours		16
Second Year		
Fall Semester		
Essential Learning - Fine Arts		3
Foundation Course - Foreign Language		3
Essential Learning - Social and Behavioral Sciences		3
PSYC 233	Human Growth and Development-GTSS3	3
General Electives (2 courses)		5
Semester Credit Hours		17
Spring Semester		
Essential Learning - Natural Science with Lab		4
Essential Learning - Social and Behavioral Sciences		3
Foundation Course - Foreign Language		3
Social Work Restricted Elective		3
ESSL 290	Maverick Milestone	3

ESSL 200	Essential Speech	1
Semester Credit Hours		17
Third Year		
Fall Semester		
SOWK 311	Ethical Issues in Social Work	3
SOWK 365	Social Work Intervention Methods I	3
General Elective		3
Social Work Restricted Electives (2 courses)		6
Semester Credit Hours		15
Spring Semester		
SOWK 320	Social Work Practices in Mental Health	3
SOWK 375	Social Work Intervention Methods II	3
SOWK 387	Social Work Research Methods	3
General Electives (2 courses)		6
Semester Credit Hours		15
Fourth Year		
Fall Semester		
SOWK 385	Social Work Intervention Methods III	3
SOWK 394	Social Work Practicum Seminar I	1
SOWK 397	Social Work Practicum I	5
General Elective		3
Semester Credit Hours		12
Spring Semester		
SOWK 460	Social Welfare Policy	3
SOWK 494	Social Work Practicum Seminar II	1
SOWK 497	Social Work Practicum II	5
General Elective		3
Semester Credit Hours		12
Total Semester Credit Hours		120

**Advising and Graduation
Advising Process and DegreeWorks**

Documentation on the pages related to this program is intended for informational purposes to help determine what courses and associated requirements are needed to earn a degree. The suggested course sequencing outlines how students could finish degree requirements. Some courses are critical to complete in specific semesters, while others may be moved around. Meeting with an academic advisor is essential in planning courses and altering the suggested course sequencing. It is ultimately the student's responsibility to understand and fulfill the requirements for her/his intended degree(s).

DegreeWorks is an online degree audit tool available in MAVzone. It is the official record used by the Registrar's Office to evaluate progress towards a degree and determine eligibility for graduation. Students are responsible for reviewing their DegreeWorks audit on a regular basis and should discuss questions or concerns with their advisor or academic department head. Discrepancies in requirements should be reported to the Registrar's Office.

Graduation Process

Students must complete the following in the first two months of the semester prior to completing their degree requirements:

- Review their DegreeWorks audit and create a plan that outlines how unmet requirements will be met in the final semester.
- Meet with their advisor and modify their plan as needed. The advisor must approve the final plan.

- Submit the “Intent to Graduate” form to the Registrar’s Office to officially declare the intended graduation date and commencement ceremony plans.
- Register for all needed courses and complete all requirements for each degree sought.

Submission deadlines and commencement details can be found at <http://www.coloradomesa.edu/registrar/graduation.html>.

If a student’s petition for graduation is denied, it will be her/his responsibility to consult the Registrar’s Office regarding next steps.