SOCIOLOGY (BA)

Degree: Bachelor of Arts
Major: Sociology
Program Code: 3728

About This Major . . .

Sociology is the scientific study of social life, social change, social organization, and the complex social causes and consequences of human behavior. Since all human behavior is social, the subject matter of sociology covers a broad array of topics, including family, religion, crime, politics, life course, race, gender, and social class. Sociology provides many distinctive perspectives on the social world, as well as a range of research methodologies that can be applied to virtually any aspect of social life, from corporate downsizing to problems of peace and war to the expression of emotion and beyond. Because sociology addresses the most challenging issues of our time, it is an expanding field increasingly tapped by those who craft policies and create social programs. For more information on the subject matter of sociology, go to www.asanet.org/topics (http://www.asanet.org/topics).

Sociology majors gain important skills in critical thinking, research methods and responsible citizenship. Sociology majors are prepared for future graduate work in sociology and related disciplines, as well as for a wide variety of careers in such sectors as business, the health professions, the criminal justice system, social services, human resources and government.

For more information on what you can do with this major, visit Career Services’ What to Do with a Major? (https://www.coloradomesa.edu/career/students/explore/major.html) resource and the American Sociological Association’s Careers in Sociology web page.

All CMU baccalaureate graduates are expected to demonstrate proficiency in specialized knowledge/applied learning, quantitative fluency, communication fluency, critical thinking, personal and social responsibility, and information literacy. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Articulate the reciprocal relationship between individuals and society (Specialized Knowledge);
2. Interpret published statistical findings on social problems or issues (Quantitative Fluency);
3. Frame and answer complex questions about social issues using theoretical perspectives and the scholarship from the field of sociology (Specialized Knowledge, Critical Thinking);
4. Write a fully developed and empirically supported research paper in standard American Sociological Association (ASA) format (Communication Fluency);
5. Describe ways in which theories and research from the discipline of sociology are applied in real-world organizational and clinical settings (Applied Learning).

Requirements

Each section below contains details about the requirements for this program. Select a header to expand the information/requirements for that particular section of the program’s requirements.

To print or save an overview of this program’s information, including the program description, learning outcomes, requirements, suggested course sequencing (if applicable), and advising and graduation information, scroll to the bottom of the left-hand navigation menu and select “Print Options.” This will give you the options to either “Send Page to Printer” or “Download PDF of This Page.” The “Download PDF of This Page” option prepares a much more concise presentation of all program information. The PDF is also printable and may be preferable due to its brevity.

Institutional Degree Requirements

The following institutional degree requirements apply to all CMU baccalaureate degrees. Specific programs may have different requirements that must be met in addition to institutional requirements.

- 120 semester hours minimum.
- Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher.
- 40 upper-division credits (an alternative credit limit applies to the Bachelor of Applied Science degree).
- 2.00 cumulative GPA or higher in all CMU coursework.
- A course may only be used to fulfill one requirement for each degree/certificate.
- No more than six semester hours of independent study courses can be used toward the degree.
- Non-traditional credit, such as advanced placement, credit by examination, credit for prior learning, cooperative education and internships, cannot exceed 30 semester credit hours for a baccalaureate degree. A maximum of 15 of the 30 credits may be for cooperative education, internships, and practica.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Capstone exit assessment/projects (e.g., Major Field Achievement Test) requirements are identified under Program-Specific Degree Requirements.
- The Catalog Year determines which program sheet and degree requirements a student must fulfill in order to graduate. Visit with your advisor or academic department to determine which catalog year and program requirements you should follow.
- See “Requirements for Undergraduate Degrees and Certificates” in the catalog for a complete list of graduation requirements.

Essential Learning Requirements

(31 semester hours)

See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Semester Credit Hours</th>
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<tbody>
<tr>
<td>ENGL 111</td>
<td>English Composition I-GTCO1</td>
<td>3</td>
</tr>
<tr>
<td>ENGL 112</td>
<td>English Composition II-GTCO2</td>
<td>3</td>
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<tr>
<td>MATH 110</td>
<td>College Mathematics-GTMA1</td>
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History

Select one History course

Humanities
Select one Humanities course

Social and Behavioral Sciences
Select one Social and Behavioral Sciences course
Select one Social and Behavioral Sciences course

Fine Arts
Select one Fine Arts course

Natural Sciences
Select one Natural Sciences course
Select one Natural Sciences course with a lab

Total Semester Credit Hours 31

1 Must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.
2 One course must include a lab.

Other Lower Division Requirements

Wellness Requirement
KINE 100 Health and Wellness 1
Select one Activity course 1

Essential Learning Capstone
ESSL 290 Maverick Milestone 3
ESSL 200 Essential Speech 1

Total Semester Credit Hours 6

1 Essential Learning Capstone must be taken after completion of the Essential Learning English and Mathematics requirements, and when a student has earned between 45 and 75 hours.

Foundation Courses
(12 semester hours)

GEOG 102 Human Geography-GTSS2 3
SOCO 264 Social Problems-GTSS3 3
Two consecutive classes in the same foreign language 1 6

Total Semester Credit Hours 12

1 Must earn a grade of "C" or better in each course. FLAS 114 & FLAS 115 will not fulfill this requirement.

Program Specific Degree Requirements
(46 semester hours, must maintain a 2.50 cumulative GPA or higher in coursework in this area, and no more than one "D" may be used in completing major requirements.)

Core Courses
SOCO 260 General Sociology-GTSS3 3
SOCO 202 Introduction to Sociological Inquiry 3

Sociology Electives
Select six of the following: 18

SOCO 300 Political Sociology
SOCO 305 Environmental Sociology
SOCO 310 Sociology of Religion
SOCO 312 Social Movements and Political Activism
SOCO 314 Population
SOCO 316 Social Inequality
SOCO 318 Sociology of Health & Illness
SOCO 320 Life Course and Aging
SOCO 323 Self and Society
SOCO 325 Race and Ethnic Relations
SOCO 340 Sociology of Gender
SOCO 345 Sociology of Sexuality
SOCO 351 21st Century Families
SOCO 396 Topics
SOCO 496 Topics

Any other upper division Sociology elective approved by a Sociology Advisor

Total Semester Credit Hours 37

Restricted Electives
Select three of the following: 9

CRMJ 311 Victimology
CRMJ 330 Domestic Violence
CRMJ 360 Crime and Deviance
CRMJ 370 Criminology
CRMJ 375 Women and Crime
PHIL 340 The Examined Life
PHIL 350 The Roots of Western Thought
PSYC 310 Child Psychology
PSYC 320 Social Psychology
PSYC 330 Psychology of Adolescents and Emerging Adulthood
PSYC 335 Psychology of Women
PSYC 350 Psychology Of Adulthood
PSYC 370 Cross-Cultural Psychology
PSYC 411 Human Sexuality
SOWK 301 Child Welfare
SOWK 308 Medical Social Work
SOWK 350 Legal Aspects of Social Work
SOWK 377 Spirituality and Social Work
SOWK 381 Gerontology and Social Work

Any upper division courses from History or Political Science

Total Semester Credit Hours 9
General Electives
All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours. 25 semester hours; 4 hours of upper division may be needed.

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<th>Semester Credit Hours</th>
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<tr>
<td></td>
<td>Select electives</td>
<td>25</td>
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Total Semester Credit Hours 25

Suggested Course Plan

### First Year

**Fall Semester**
- ENGL 111: English Composition I-GTC01 3
- Essential Learning - Humanities 3
- Essential Learning - Social and Behavioral Sciences 3
- Essential Learning - Natural Science 3
- General Elective 3

Semester Credit Hours 15

**Spring Semester**
- ENGL 112: English Composition II-GTC02 3
- Essential Learning - History 3
- MATH 110: College Mathematics-GTMA1 (or higher) 3
- Essential Learning - Fine Arts 3
- General Elective 3
- KINE 100: Health and Wellness 1

Semester Credit Hours 16

### Second Year

**Fall Semester**
- Essential Learning - Natural Science with Lab 4
- Foundation Course - Foreign Language 3
- Essential Learning - Social and Behavioral Sciences 3
- SOCIO 260: General Sociology-GTSS3 3
- GEOG 102: Human Geography-GTSS2 3

Semester Credit Hours 16

**Spring Semester**
- ESSL 290: Maverick Milestone 3
- ESSL 200: Essential Speech 1
- Foundation Course - Foreign Language 3
- SOCIO 264: Social Problems-GTSS3 3
- STAT 215: Statistics for Social and Behavioral Sciences 4

Semester Credit Hours 14

### Third Year

**Fall Semester**
- General Electives (2 courses) 6
- Restricted Elective 3
- SOCIO 202: Introduction to Sociological Inquiry 3

Semester Credit Hours 15

**Spring Semester**
- SOCIO 303: Sociological Research Methods 3
- Sociology Electives (2 courses) 6
- Restricted Elective 3
- General Elective 3
- KINA Activity 1

Semester Credit Hours 16

### Fourth Year

**Fall Semester**
- SOCIO 400: Classical Social Theory 3
- Sociology Electives (2 courses) 6
- General Electives (2 courses) 6

Semester Credit Hours 15

**Spring Semester**
- SOCIO 410: Contemporary Social Theory 3
- General Electives (2 courses) 4
- Sociology Elective 3
- Restricted Elective 3

Semester Credit Hours 13

Total Semester Credit Hours 120

Advising and Graduation

Advising Process and DegreeWorks

Documentation on the pages related to this program is intended for informational purposes to help determine what courses and associated requirements are needed to earn a degree. The suggested course sequencing outlines how students could finish degree requirements. Some courses are critical to complete in specific semesters, while others may be moved around. Meeting with an academic advisor is essential in planning courses and altering the suggested course sequencing. It is ultimately the student's responsibility to understand and fulfill the requirements for her/his intended degree(s).

DegreeWorks is an online degree audit tool available in MAVzone. It is the official record used by the Registrar's Office to evaluate progress towards a degree and determine eligibility for graduation. Students are responsible for reviewing their DegreeWorks audit on a regular basis and should discuss questions or concerns with their advisor or academic department head. Discrepancies in requirements should be reported to the Registrar's Office.

Graduation Process

Students must complete the following in the first two months of the semester prior to completing their degree requirements:

- Review their DegreeWorks audit and create a plan that outlines how unmet requirements will be met in the final semester.
- Meet with their advisor and modify their plan as needed. The advisor must approve the final plan.
- Submit the "Intent to Graduate" form to the Registrar's Office to officially declare the intended graduation date and commencement ceremony plans.
- Register for all needed courses and complete all requirements for each degree sought.

Submission deadlines and commencement details can be found at http://www.coloradomesa.edu/registrar/graduation.html.

If a student's petition for graduation is denied, it will be her/his responsibility to consult the Registrar's Office regarding next steps.