

# SOCIOLOGY (BA)

Degree: Bachelor of Arts

Major: Sociology

Program Code: 3728

## About This Major . . .

Sociology is the scientific study of social life, social change, social organization, and the complex social causes and consequences of human behavior. Since all human behavior is social, the subject matter of sociology covers a broad array of topics, including family, religion, crime, politics, life course, race, gender, and social class. Sociology provides many distinctive perspectives on the social world, as well as a range of research methodologies that can be applied to virtually any aspect of social life, from corporate downsizing to problems of peace and war to the expression of emotion and beyond. Because sociology addresses the most challenging issues of our time, it is an expanding field increasingly tapped by those who craft policies and create social programs. For more information on the subject matter of sociology, go to [www.asanet.org/topics](http://www.asanet.org/topics) (<http://www.asanet.org/topics>).

Sociology majors gain important skills in critical thinking, research methods and responsible citizenship. Sociology majors are prepared for future graduate work in sociology and related disciplines, as well as for a wide variety of careers in such sectors as business, the health professions, the criminal justice system, social services, human resources and government.

For more information on what you can do with this major, visit Career Services' *What to Do with a Major?* (<https://www.coloradomesa.edu/career/students/explore/major.html>) resource and the American Sociological Association's *Careers in Sociology* web page.

All CMU baccalaureate graduates are expected to demonstrate proficiency in specialized knowledge/applied learning, quantitative fluency, communication fluency, critical thinking, personal and social responsibility, and information literacy. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Articulate the reciprocal relationship between individuals and society (Specialized Knowledge);
2. Interpret published statistical findings on social problems or issues (Quantitative Fluency);
3. Frame and answer complex questions about social issues using theoretical perspectives and the scholarship from the field of sociology (Specialized Knowledge, Critical Thinking);
4. Write a fully developed and empirically supported research paper in standard American Sociological Association (ASA) format (Communication Fluency);
5. Describe ways in which theories and research from the discipline of sociology are applied in real-world organizational and clinical settings (Applied Learning).

## Institutional Degree Requirements

The following institutional degree requirements apply to all CMU baccalaureate degrees. Specific programs may have different requirements that must be met in addition to institutional requirements.

- 120 semester hours minimum.
- Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher.
- 40 upper-division credits (an alternative credit limit applies to the Bachelor of Applied Science degree).
- 2.00 cumulative GPA or higher in all CMU coursework.
- A course may only be used to fulfill one requirement for each degree/certificate.
- No more than six semester hours of independent study courses can be used toward the degree.
- Non-traditional credit, such as advanced placement, credit by examination, credit for prior learning, cooperative education and internships, cannot exceed 30 semester credit hours for a baccalaureate degree. A maximum of 15 of the 30 credits may be for cooperative education, internships, and practica.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Capstone exit assessment/projects (e.g., Major Field Achievement Test) requirements are identified under Program-Specific Degree Requirements.
- The Catalog Year determines which program sheet and degree requirements a student must fulfill in order to graduate. Visit with your advisor or academic department to determine which catalog year and program requirements you should follow.
- See "Requirements for Undergraduate Degrees and Certificates" in the catalog for a complete list of graduation requirements.

## Essential Learning Requirements

(31 semester hours)

See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

Code	Title	Semester Credit Hours
<b>English</b> <sup>1</sup>		
ENGL 111	English Composition-GTC01	3
ENGL 112	English Composition-GTC02	3
<b>Mathematics</b> <sup>1</sup>		
MATH 110	College Mathematics-GTMA1	3
<b>History</b>		
Select one History course		3
<b>Humanities</b>		
Select one Humanities course		3
<b>Social and Behavioral Sciences</b>		
Select one Social and Behavioral Sciences course		3
Select one Social and Behavioral Sciences course		3
<b>Fine Arts</b>		
Select one Fine Arts course		3
<b>Natural Sciences</b> <sup>2</sup>		
Select one Natural Sciences course		3

Select one Natural Sciences course with a lab	4
<b>Total Semester Credit Hours</b>	<b>31</b>

<sup>1</sup> Must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.

<sup>2</sup> One course must include a lab.

## Other Lower Division Requirements

Code	Title	Semester Credit Hours
<b>Wellness Requirement</b>		
KINE 100	Health and Wellness	1
Select one Activity course		1
<b>Essential Learning Capstone <sup>1</sup></b>		
ESSL 290	Maverick Milestone	3
ESSL 200	Essential Speech	1
<b>Total Semester Credit Hours</b>		<b>6</b>

<sup>1</sup> Essential Learning Capstone must be taken after completion of the Essential Learning English and Mathematics requirements, and when a student has earned between 45 and 75 hours.

## Foundation Courses

(12 semester hours)

Code	Title	Semester Credit Hours
GEOG 102	Human Geography-GTSS2	3
SOCO 264	Social Problems-GTSS3	3
Two consecutive classes in the same foreign language <sup>1</sup>		6
<b>Total Semester Credit Hours</b>		<b>12</b>

<sup>1</sup> Must earn a grade of "C" or better in each course. FLAS 114 & FLAS 115 will not fulfill this requirement.

## Program Specific Degree Requirements

(46 semester hours, must maintain a 2.50 cumulative GPA or higher in coursework in this area, and no more than one "D" may be used in completing major requirements.)

Code	Title	Semester Credit Hours
<b>Core Courses</b>		
SOCO 260	General Sociology-GTSS3	3
SOCO 202	Introduction to Sociological Inquiry	3
STAT 215	Statistics for Social and Behavioral Sciences	4
SOCO 303	Sociological Research Methods	3
SOCO 400	Classical Social Theory	3
SOCO 410	Contemporary Social Theory	3
<b>Sociology Electives</b>		
Select six of the following:		18
SOCO 300	Political Sociology	
SOCO 305	Environmental Sociology	

SOCO 310	Sociology of Religion	
SOCO 312	Social Movements and Political Activism	
SOCO 314	Population	
SOCO 316	Social Inequality	
SOCO 318	Sociology of Health & Illness	
SOCO 320	Life Course and Aging	
SOCO 323	Self and Society	
SOCO 325	Race and Ethnic Relations	
SOCO 340	Sociology of Gender	
SOCO 345	Sociology of Sexuality	
SOCO 351	21st Century Families	
SOCO 396	Topics	
SOCO 496	Topics	
Any other upper division Sociology elective approved by a Sociology Advisor		
<b>Total Semester Credit Hours</b>		<b>37</b>

Code	Title	Semester Credit Hours
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### Restricted Electives

Select three of the following:		9
CRMJ 311	Victimology	
CRMJ 330	Domestic Violence	
CRMJ 360	Crime and Deviance	
CRMJ 370	Criminology	
CRMJ 375	Women and Crime	
PHIL 340	The Examined Life	
PHIL 350	The Roots of Western Thought	
PSYC 310	Child Psychology	
PSYC 320	Social Psychology	
PSYC 330	Psychology of Adolescents and Emerging Adulthood	
PSYC 335	Psychology of Women	
PSYC 350	Psychology Of Adulthood	
PSYC 370	Cross-Cultural Psychology	
PSYC 411	Human Sexuality	
SOWK 301	Child Welfare	
SOWK 308	Medical Social Work	
SOWK 350	Legal Aspects of Social Work	
SOWK 377	Spirituality and Social Work	
SOWK 381	Gerontology and Social Work	
Any upper division courses from History or Political Science		
<b>Total Semester Credit Hours</b>		<b>9</b>

## General Electives

All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours. 25 semester hours; 4 hours of upper division may be needed.

Code	Title	Semester Credit Hours
Select electives		25
Total Semester Credit Hours		25

Course	Title	Semester Credit Hours
<b>First Year</b>		
<b>Fall Semester</b>		
ENGL 111	English Composition-GTCO1	3
Essential Learning - Humanities		3
Essential Learning - Social and Behavioral Sciences		3
Essential Learning - Natural Science		3
General Elective		3
Semester Credit Hours		15
<b>Spring Semester</b>		
ENGL 112	English Composition-GTCO2	3
Essential Learning - History		3
MATH 110	College Mathematics-GTMA1 (or higher)	3
Essential Learning - Fine Arts		3
General Elective		3
KINE 100	Health and Wellness	1
Semester Credit Hours		16
<b>Second Year</b>		
<b>Fall Semester</b>		
Essential Learning - Natural Science with Lab		4
Foundation Course - Foreign Language		3
Essential Learning - Social and Behavioral Sciences		3
SOCO 260	General Sociology-GTSS3	3
GEOG 102	Human Geography-GTSS2	3
Semester Credit Hours		16
<b>Spring Semester</b>		
ESSL 290	Maverick Milestone	3
ESSL 200	Essential Speech	1
Foundation Course - Foreign Language		3
SOCO 264	Social Problems-GTSS3	3
STAT 215	Statistics for Social and Behavioral Sciences	4
Semester Credit Hours		14
<b>Third Year</b>		
<b>Fall Semester</b>		
General Electives (2 courses)		6
Restricted Elective		3
Sociology Elective		3
SOCO 202	Introduction to Sociological Inquiry	3
Semester Credit Hours		15
<b>Spring Semester</b>		
SOCO 303	Sociological Research Methods	3
Sociology Electives (2 courses)		6
Restricted Elective		3
General Elective		3
KINA Activity		1
Semester Credit Hours		16
<b>Fourth Year</b>		
<b>Fall Semester</b>		
SOCO 400	Classical Social Theory	3
Sociology Electives (2 courses)		6
General Electives (2 courses)		6
Semester Credit Hours		15

Spring Semester		
SOCO 410	Contemporary Social Theory	3
General Electives (2 courses)		4
Sociology Elective		3
Restricted Elective		3
Semester Credit Hours		13
Total Semester Credit Hours		120

## Advising Process and DegreeWorks

Documentation on the pages related to this program is intended for informational purposes to help determine what courses and associated requirements are needed to earn a degree. The suggested course sequencing outlines how students could finish degree requirements. Some courses are critical to complete in specific semesters, while others may be moved around. Meeting with an academic advisor is essential in planning courses and altering the suggested course sequencing. It is ultimately the student's responsibility to understand and fulfill the requirements for her/his intended degree(s).

DegreeWorks is an online degree audit tool available in MAVzone. It is the official record used by the Registrar's Office to evaluate progress towards a degree and determine eligibility for graduation. Students are responsible for reviewing their DegreeWorks audit on a regular basis and should discuss questions or concerns with their advisor or academic department head. Discrepancies in requirements should be reported to the Registrar's Office.

## Graduation Process

Students must complete the following in the first two months of the semester prior to completing their degree requirements:

- Review their DegreeWorks audit and create a plan that outlines how unmet requirements will be met in the final semester.
- Meet with their advisor and modify their plan as needed. The advisor must approve the final plan.
- Submit the "Intent to Graduate" form to the Registrar's Office to officially declare the intended graduation date and commencement ceremony plans.
- Register for all needed courses and complete all requirements for each degree sought.

Submission deadlines and commencement details can be found at <http://www.coloradomesa.edu/registrar/graduation.html>.

If a student's petition for graduation is denied, it will be her/his responsibility to consult the Registrar's Office regarding next steps.