# SOCIAL WORK (SOWK)

**SOWK 150 Introduction to Social Work**  
3 Credits  
Introduction to the profession of social work and its historical development; overview of the knowledge, values, skills, practice settings and groups served by social workers.

**SOWK 210 Social Work for Diverse Populations**  
3 Credits  
Knowledge and skills necessary for social work practice with diverse populations. Explores issues of stereotypes, prejudice, discrimination and oppression. Examines cultural diversity in U.S. society and how to increase self-awareness related to worldviews and beliefs about diversity issues. Emphasis on empowerment of individuals and groups and on multicultural competence.

**SOWK 296 Topics:**  
1-3 Credits  
Course may be taken multiple times up to maximum of 15 credit hours.

**SOWK 301 Child Welfare**  
3 Credits  
**Prerequisites:** SOWK 150.

**SOWK 308 Medical Social Work**  
3 Credits  
Explores interface of social work and patients’ rights, medical decision-making, case management, process of diagnosis and treatment, palliative and end-of-life care, and the concept of health care consumer. Focus on the current health care system in the United State, the interface of health care and populations-at-risk, and role of the social worker in medical settings.  
**Prerequisites:** SOWK 150.

**SOWK 311 Ethical Issues in Social Work**  
3 Credits  
Analysis of specific ethical dilemmas from personal, professional and policy perspectives. Focus on ethical issues common to the social work profession and on the NASW Code of Ethics. Utilize code of ethics as guide to decision making. Explore relationship between professional ethical issues and the development of social policy.  
**Prerequisites:** SOWK 150 and SOWK 210.

**SOWK 320 Social Work Practices in Mental Health**  
3 Credits  
Practice models and methods of intervention for effective social work practice in mental health care. Includes the promotion of mental health, the prevention of mental illnesses, and delivery of psychosocial treatment and rehabilitation services.  
**Prerequisites:** SOWK 150, SOWK 210, SOWK 311, and SOWK 365.

**SOWK 344 School Social Work**  
3 Credits  
Overview of social work practice in an educational setting. Cooperative work with school personnel in the identification, prevention and treatment of social, emotional and behavioral problems of children and intervention techniques with parents.  
**Prerequisites:** SOWK 150.

**SOWK 350 Legal Aspects of Social Work**  
3 Credits  
Exploration of the roles of the social worker in the legal field. Legal terms, procedures, state and federal court systems studied. The legal aspects of protective services for children and adults, the child support laws and the juvenile justice system examined.  
**Prerequisites:** SOWK 150.

**SOWK 365 Social Work Intervention Methods I**  
3 Credits  
Knowledge, values, and skills for multilevel (micro, mezzo, macro) general practices. Focuses on engaging clients in the helping process, interviewing skills, assessment tools, social histories, goal writing, termination and evaluation. Addresses professional ethics and values and applying systems and ecological frameworks to practice situations. Examines strengths-based assessments, the phases of the helping relationship, and the dynamics of change in interpersonal helping relationships, within a framework of social justice and diversity.  
**Prerequisites:** SOWK 150, SOWK 210, and SOWK 320. This course is only open to social majors who have been formally accepted into the BSW program.

**SOWK 375 Social Work Intervention Methods II**  
3 Credits  
Examines generalist social work roles and techniques in group work practice. Building on interviewing and engagement skills presented in Intervention Methods I. Focuses on assessment, planning, and intervention with treatment and task groups. Emphasizes basic theory about groups and group process, demonstrates skills necessary for effective practice, explores leadership, group cohesion, and group dynamics. Uses of task and treatment groups in a broad range of settings with diverse client groups.  
**Prerequisites:** SOWK 150, SOWK 210, SOWK 320, and SOWK 365. This course is only open to social work majors who have been formally accepted into the BSW program.

**SOWK 377 Spirituality and Social Work**  
3 Credits  
Overview of the knowledge, values, and skills to provide spiritually sensitive social work practice. Prepare generalist social work practitioners to work with clients and their families from a holistic framework (bio, psycho, social, cultural, spiritual) and with diversity and respect. Use of interview techniques, spirituality assessments, and strengths-based approaches.  
**Prerequisites:** SOWK 150.

**SOWK 381 Gerontology and Social Work**  
3 Credits  
Overview of health aspects of aging in the United States. Explores theories of aging, social and health issues, family and caregiving dynamics, and end of life concerns. Prepares generalist social work practitioners to work with older clients and their families and with service delivery systems addressing the needs of this population.  
**Prerequisites:** SOWK 150.

**SOWK 385 SW Intervention Methods III**  
3 Credits  
Emphasizes study of skills from a problem-solving strengths and empowerment perspective with organizations and community systems. Viewed as an integral component of a model for bringing about social change, especially at the mezzo and macro levels. Attention paid to developing processes of building constituencies, mobilizing resources, networking, political participation, leadership development, and grassroots development. Introductory overview of strategies, tactics, and techniques of social change. Explores basic skills necessary to write effective grant proposals.  
**Prerequisites:** SOWK 150, SOWK 210, SOWK 311, SOWK 320, SOWK 365, SOWK 375, and SOWK 387. This course is only open to social work majors who have been formally accepted into the BSW program.
SOWK 387 Social Work Research Methods 3 Credits
Provides an overview of the principles and methods of basic social work research. Explores qualitative and quantitative research methods and how to critically consume research studies and use research findings to strengthen social work practice. Explore how quality research can assist in making important decisions about the design and implementation of projects, programs, and policies that address the social needs of diverse groups. Create research instruments for numerous purposes (e.g. intake, assessment, client satisfaction, facilitating group services, etc.)
Prerequisites: SOWK 150, SOWK 210, SOWK 311, and SOWK 365. This course is only open to social work majors who have been formally accepted into the BSW program.

SOWK 394 Social Work Practicum Seminar I 1 Credit
Discussion of practicum-related issues, professional development, and exploration of learning objectives in field practicum experiences. Requires regular reporting of field activities.
Prerequisites: SOWK 150, SOWK 210, SOWK 320, SOWK 365, SOWK 375, SOWK 385, and SOWK 387. This course is only open to social work majors who have been formally accepted into the BSW program.
Corequisites: SOWK 397.

SOWK 396 Topics: 1-3 Credits
Course may be taken multiple times up to a maximum of 15 credit hours.

SOWK 397 Social Work Practicum I 5 Credits
Involves 225 clock hours per semester. Opportunities to apply theories, techniques, and concepts through observation and participation in supervised activities. Assists students in the understanding and achievement of learning objectives in field practicum experiences.
Prerequisites: SOWK 150, SOWK 210, SOWK 320, SOWK 365, SOWK 375, SOWK 385, and SOWK 387. This course is open only to social work majors who have been formally accepted into the BSW program.
Corequisites: SOWK 394.

SOWK 460 Social Welfare Policy 3 Credits
Nature and development of American social policy. Includes history of current structures of social welfare services, the role of policy in service delivery and analysis of current social policy issues including gender policy, homelessness, health care policy, domestic poverty, and child welfare policy. Provides an overview of social policy and legislation and the processes of influencing public policy. It links policy with social work practice.
Prerequisites: SOWK 150, SOWK 210, SOWK 320, SOWK 365, SOWK 375, SOWK 385, and SOWK 387.

SOWK 491 Directed Readings 1-5 Credits
Student and/or faculty initiated special projects/independent study that explores some aspect of social work theory or practice such as: intervention methods, policy, research, populations-at-risk, values and ethics, aging, spirituality, child welfare, addictions, mental health, social and economic justice, and diversity
Prerequisites: SOWK 150, SOWK 210, SOWK 320, SOWK 365, SOWK 375, SOWK 387, senior standing, instructor permission, and a plan for study.

SOWK 494 Social Work Practicum Seminar II 1 Credit
Discussion of practicum-related issues, professional development, and exploration of learning objectives in field practicum experiences. Requires regular reporting of field activities.
Prerequisites: SOWK 150, SOWK 210, SOWK 320, SOWK 365, SOWK 375, SOWK 385, SOWK 387, SOWK 397, SOWK 398, and SOWK 460.
Corequisites: SOWK 497.

SOWK 497 Social Work Practicum II 5 Credits
Involves 225 clock hours per semester. Opportunities to apply theories, techniques, and concepts through observation and participation in supervised activities. Assists students in the understanding and achievement of learning objectives in their field practicum experiences.
Prerequisites: SOWK 150, SOWK 210, SOWK 320, SOWK 365, SOWK 375, SOWK 385, SOWK 387, SOWK 397, SOWK 398. This course is only open to social work majors who have been formally accepted into the BSW program.
Corequisites: SOWK 494.