ACADEMIC TRANSITION COURSES

The University offers supplemental courses to assist students in the transition to higher education:

Freshman Year Initiative (FYI)
New freshman students are strongly encouraged to enroll in the university’s Freshman Year Initiative (FYI) program. Students are registered for UNIV 101 to maximize their potential for success in college. The course covers topics such as time management, study skills, financial literacy, campus safety, test-taking strategies, health, and communicating effectively with university professors and staff members. For more information, visit the FYI (http://coloradomesa.edu/fyi/) website.

Maverick Provisional Program (MVP)
New freshman students admitted at the Provisional Baccalaureate level are strongly encouraged to enroll in the university’s Maverick Provisional Program (MVP). Students are registered for UNIV 100 and are individually mentored by both professional staff mentors and peer coaches to assist them in making a successful transition to college by learning strategies and skills they will need to successfully navigate their first year. For more information, visit the MVP (http://coloradomesa.edu/mvp/) website.